

Our future: a *Lancet* Commission
on adolescent health and wellbeing

THE LANCET

Join the conversation:
@TheLancet #LancetYouth

Country Level Action

Adesegun Fatusi, Obafemi Awolowo University



From Global to Local

How do the Commission's recommendations become transformative in specific countries and at the local level?



Nigeria

Area: 923,768 sq. km (356,669 sq. miles)

Population: 182.9 million (Age 15-19 =23%; 10-24=31%)

Governance: 36 States, 774 Local Government Areas

Cultural Context: About 374 ethno-linguistic groups

Human Development: Low HDI rating

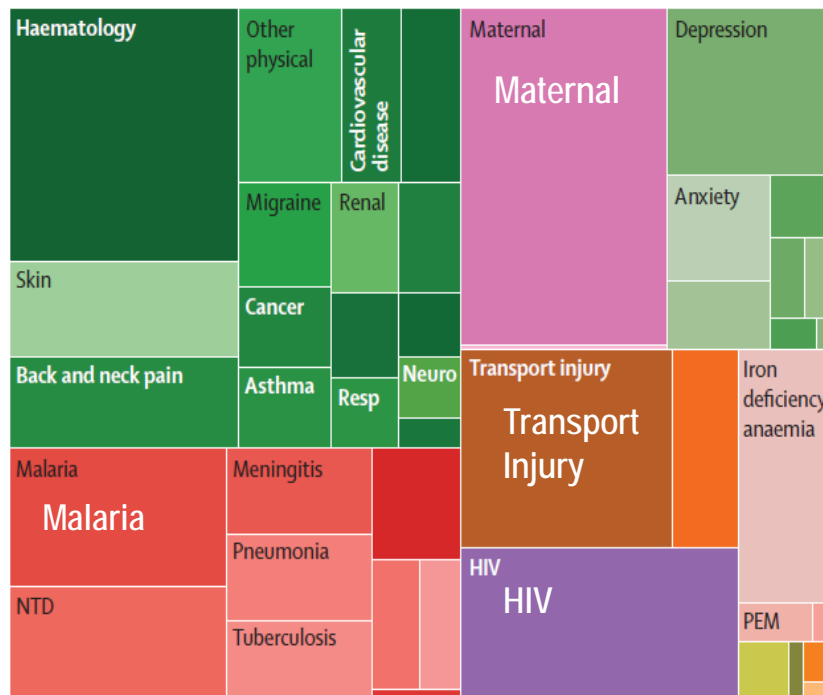
GNI per capital (US\$): 2,710 (Lower-Middle Income)

Health Workforce Density (per 1,000): 2

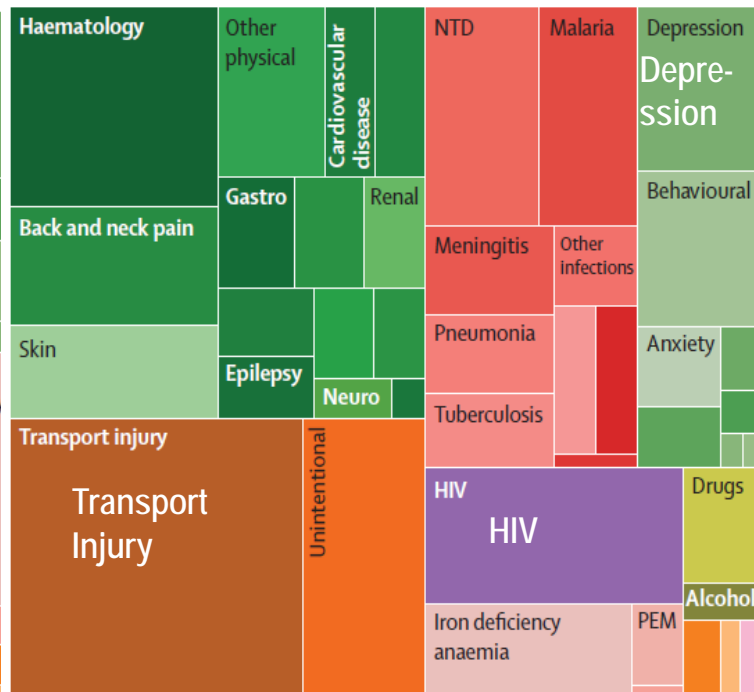


Causes of DALYs in 10-24 year olds, Nigeria, 2013

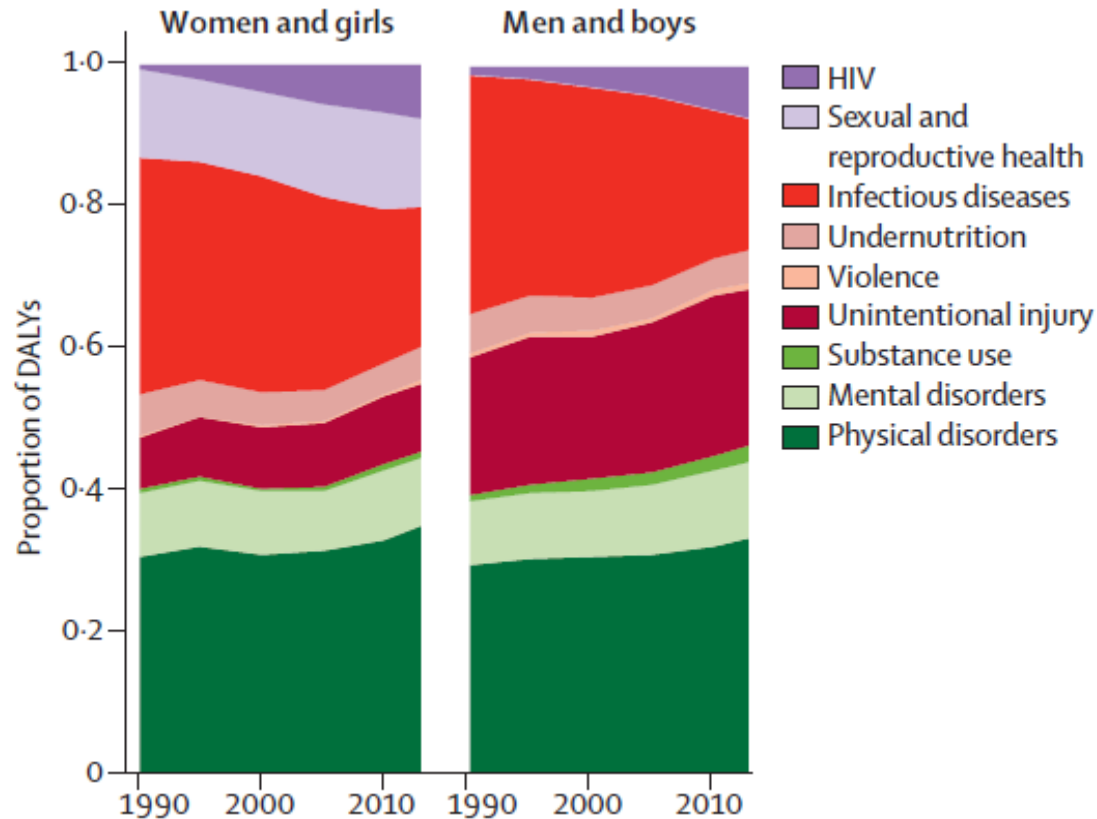
Females



Males

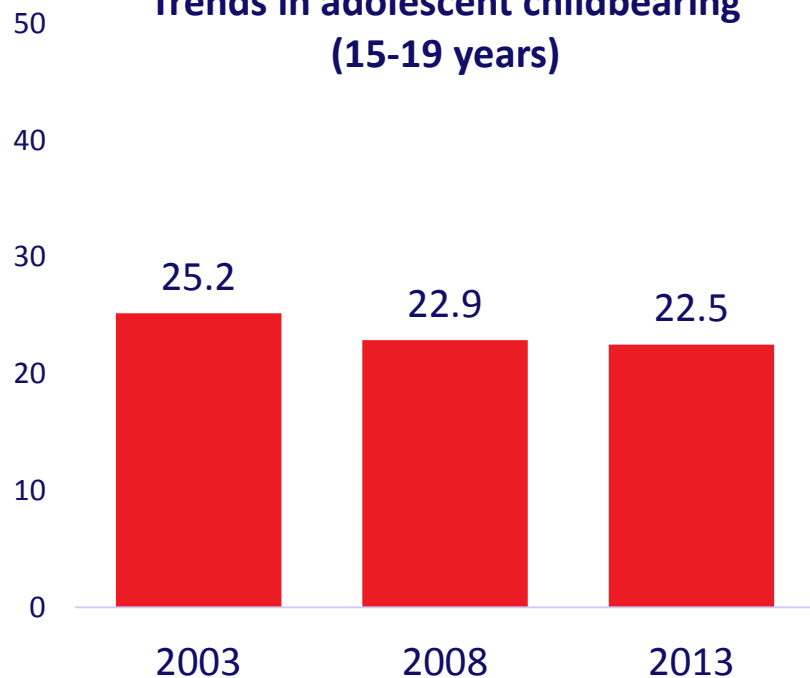


Health outcomes in 10-24 year olds, Nigeria, 2013

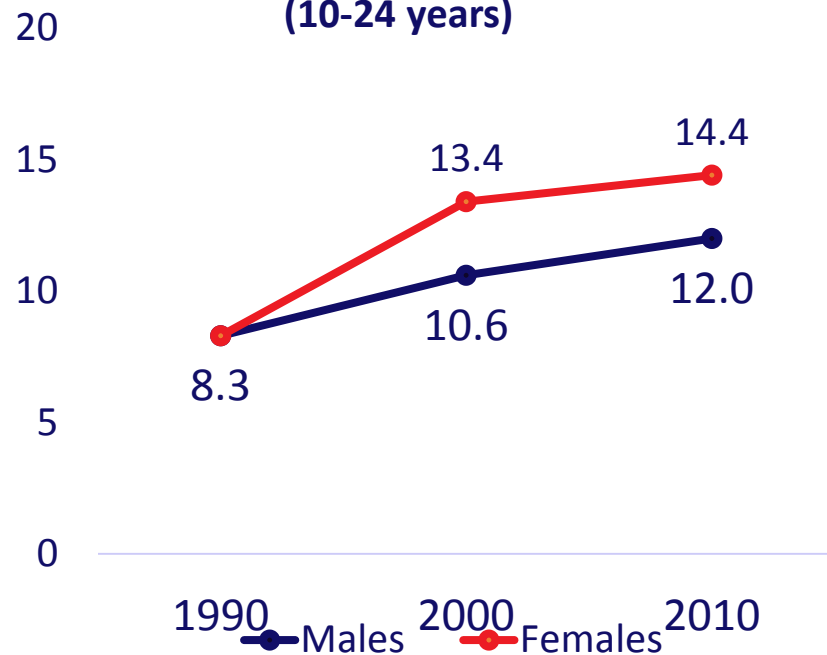


Trends in adolescent and young people's health in Nigeria

**Trends in adolescent childbearing
(15-19 years)**



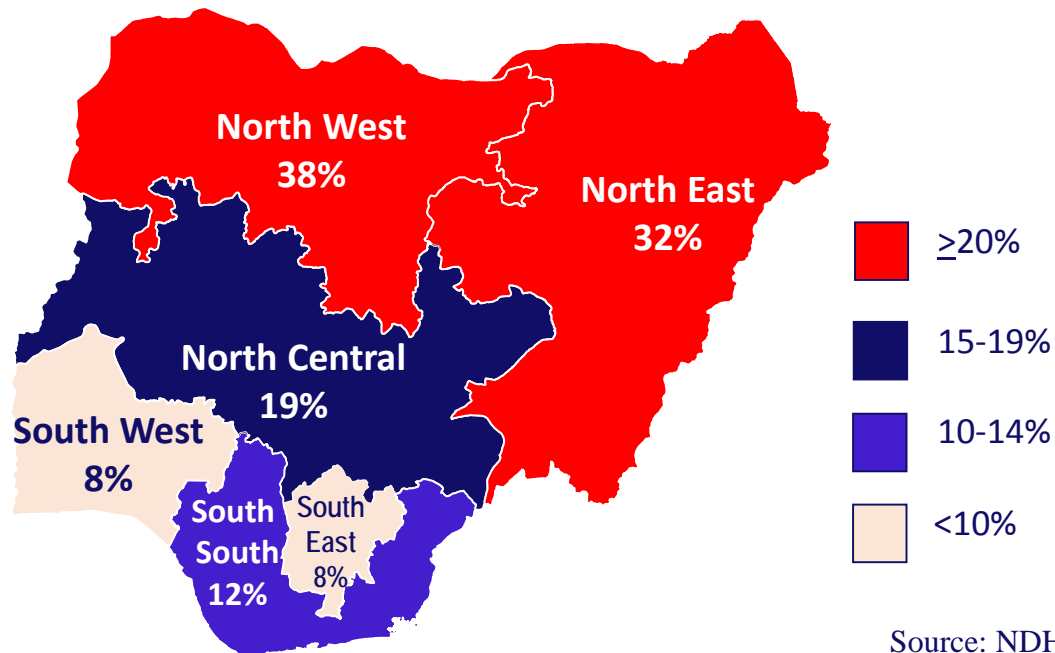
**Trends in overweight & obesity
(10-24 years)**



National Average does not Tell the Full Story

Percent of women aged 15-19 who are mothers or pregnant with their first child

Adolescent
childbearing
varies widely



Source: NDHS, 2013

Existing Efforts

Policies & program guidelines

- ✓ Policy, Strategic Framework, Action Plan
- ✓ Training manual, service protocol, Job Aid
- ✓ Guidelines for integrated AYFHS in PHC facilities
- ✓ Family Life & HIV Educ curriculum

National Working Group

Few programmes or services (mostly NGOs)



Actions Needed for Adolescent Health in Nigeria

Sexual & Reproductive Health

- Revise & enforce law on early marriage; strengthen comprehensive sexuality education, condom promotion, contraceptive & HIV services

Infectious Diseases

- Increase access to vaccination in childhood & adolescents, increase access to other preventive services (e.g. LLINs), promote water & sanitation, improve nutrition

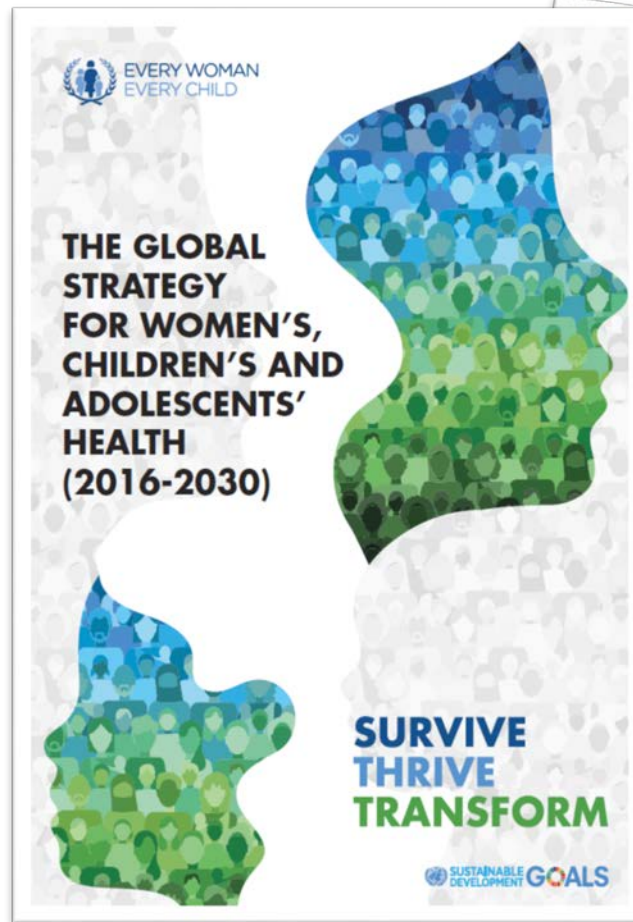
Unintentional Injury

- Enforce existing legislations (eg use of helmets & seat belts, drunk driving), enact new laws (e.g. graduated licensing), improve access & quality of trauma care

Physical Disorders & NCD Risks

- Legislation & regulations (eg. taxation & regulation of fast food and tobacco company activities), parent & adolescent education, increase access to adolescent-friendly services

How can the Global Financing Facility be used to improve adolescent health and wellbeing in Nigeria?



GLOBAL FINANCING FACILITY
IN SUPPORT OF EVERY
WOMAN, EVERY CHILD



The Global AA-HA! Framework

(Accelerated Action for the
Health of Adolescents)

Towards implementation of the Global
Strategy for Women's, Children's and
Adolescents' Health (2016-2030)

Moving Forward: Key Considerations

Engage constituents in civil society, including adolescents

Build technical capacity including the generation of data (that is timely, developmentally relevant, age- and sex-disaggregated, and defined to local level)

Adapt and take to scale the best available evidence for action

Ensure accountability by all stakeholders concerned



Our future: a *Lancet* Commission
on adolescent health and wellbeing

THE LANCET

