



CREYATE (CRE Youth Advocates TEam)

# SOPHIA GARLICK BOCK

Pronouns: she/they

Sophia is a current PhD student in the field of LGBTQIA+ mental health and is Acting Research Manager at ReachOut. Sophia has been on both sides of co-design with young people and is extremely passionate about youth voices being amplified in research.



**Location:**

Lives on Gadigal Land (Sydney), Australia



**Reason for joining the CRE:**

To ensure youth voices with lived experience are amplified and contribute to health research



**CRE topic areas of interest:**

Mental health, LGBTQ+ health, youth health, drug and alcohol use



**Educational background:**

Current: PhD Student (Medicine and Health)  
Previously: Bachelor of Advanced Science (Psychology Honours)/Arts



**Skills I'm bringing to the CRE:**

Quantitative and qualitative data analysis, topic expert in LGBTQ+ youth mental health



**Languages spoken:**

English